

Earlham College Breakfast and Lunch Menu Week 4



Sunday 21-Apr		Monday 22-Apr		Tuesday 23-Apr		Wednesday 24-Apr		Thursday 25-Apr		Friday 26-Apr		Saturday 27-Apr	
	Scrambled Eggs Potatoes O'Brien French Toast with Syrup Sausage Links Veggie Sausage Patties Oatmeal Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Sausage Gravy & Buttermilk Biscuits	V	Scrambled Eggs Tri Taters French Waffles Ham Turkey Links Grits Veggie Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping	V GF V	Scrambled Eggs Baked Hash Brown Patty Egg and Cheese Biscuit Sandwich Turkey Bacon Sausage Patties Honey Cream of Wheat Veggie Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping	V GF V	Scrambled Eggs Baked Tater Tots French Toast Corned Beef Hash Cranberry Oats Veggie Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping	V GF V	Scrambled Eggs Shredded Hash Browns Egg and Cheese English Muffin Turkey Links Bacon Cheesy Grits Hardboiled Eggs Belgian Waffle Bar with Fruit Topping	V GF V	Scrambled Eggs Tots French Toast Stick Sausage Links Turkey Sausage Patty Cinnamon Oats Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping	V GF V	Scrambled Eggs Shredded Hash Browns Honey Pancakes Bacon Turkey Canadian Bacon Cream of Wheat Veggie Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Sausage Gravy & Buttermilk Biscuits
		V	Fry Bar Assorted Fries Nacho Cheese, Veggie Chili Sour Cream, Salsa, Diced Onions, Shredded Cheese		Tikka Masala Eggplant Tikka Masala Chicken Tikka Masala Basmati Rice Yogurt		Soup Bread Bowls Bread bowls Clam Chowder Cheesy Potato Beef Barley		Taco Bar Beef Taco Meat, Vegetarian Refried Beans, Rice Cheese, Sour Crème Lettuce, Salsa		Pancakes! Buttermilk, Chocolate Chip, and Blueberry Syrup and Fruit Syrup Powdered Sugar and Whipped Topping		
			Grape Chickpea Salad Sandwich										
<i>Main Plate</i>		V V V V	Bean & Cheese Enchiladas Spinach & Cheese Enchiladas Rice Beans	V V V V	Erica's Meatloaf Mashed Potatoes Brown Gravy Green Beans Corn with red peppers and onions Bread and Butter	V V V GF V	Cranberry Orange Rosemary Chicken Wild Rice Brussels Sprouts Fried Okra Bread and Butter	V GF V V GF V	Gourmet Grilled Cheeses Veggie Quesadilla Chicken on SD, 3 Cheese on Wheat American Cheese and Bacon Cole Slaw Macaroni and Cheese Tater Tots	V GF V V GF V	Old Bay Fish Roasted Red Skin Potatoes Green Beans Corn on the Cob		
	Deluxe Pizza Pepperoni Pizza Spinach and Cheese Alfredo Flat Bread Pizza 2 pastas 2 sauces	V V V V V GF V	White Garlic Pizza Cheese Pizza Vegetarian Supreme Pizza Cavatappi, Fettuccine Pesto Alfredo Marinara	V GF V GF V V V	Cheese Pizza Sausage Pizza Baked Rigatoni with Italian Sausage, Peppers and Onions Penne Rustica	V GF V V V	Garlic Cheese Bread Pepperoni Pizza White Garlic Pizza Ghost Pepper Cheese Pizza		Hawaiian Pizza Cheese Flat Bread Pizza Pepperoni Pizza Baked Pastas		Cheese Pizza Sausage Pizza Spaghetti with Meatballs Spaghetti with Marinara Sauce		Meat Lover's Pizza Veggie Pizza Pasta Bar
	Jamaican Tortellini Primavera Cuban Black Bean Stew Garlic Smashed Potatoes Broccoli	GF V GF V GF V GF V	Sweet Potato Enchiladas Taco Quinoa Stuffed Peppers Southwest Corn & Peppers Black Beans & Rice	V GF V V V	Asian Seitan Stir Fry Mixed Vegetables Fried Rice Vegetable Eggrolls	V GF V GF V GF V	Orange Ginger Tempeh Bowl Quinoa, Spinach, Orange Ginger Tempeh Edamame, Cilantro, Red Onion		Vegan Potato Casserole Black Bean Stew Roasted Montreal Potatoes Broccoli	GF V GF V GF V GF V	Tofu Scampi Veggie Quesadilla Sautéed Cabbage Roasted Corn	GF V V GF V GF V	Green Power Bowl Brown Rice, Chick Peas, Kale Brussels Sprouts, Carrots, Snow Peas Cucumbers Mediterranean Dressing, or Balsamic Vinaigrette
		V V	Fried Ravioli with Marinara & Alfredo Cheese Ravioli	V GF V	Hamburger Pulled BBQ Pork Sliders Homemade Potato Chips	V GF V	Fried Chicken Sandwich Meatball Sliders Fresh Cut Fries		Beef Hamburgers Beef Hot Dogs with Chili and Cheese BBQ Fries	V GF V	Turkey Burger Grilled Chicken Thighs Straight Cut Fries		
		V V	Russian Tomato Salad Pineapple Cole Slaw	V V	Pineapple Cole Slaw Quinoa Salad with Dried Fruit & Nuts	V V	Quinoa Salad with Dried Fruit and Nuts Red Skin Potato Salad		Red Skin Potato Salad Apple & Sunflower Seed Salad	V V	Apple & Sunflower Seed Salad Tri Bean Salad		
	Potato Soup	GF V GF V	GF, Vegan Mushroom Soup Vegetation Potato Soup	GF V GF V GF V	GF, Vegan Mushroom Soup Potato Soup	GF V GF V GF V	GF, Vegan Mushroom Soup Potato Soup		GF, Vegan Mushroom Soup Potato Soup	GF V GF V	GF, Vegan Mushroom Soup Potato Soup		Chef's Choice

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- V Denotes Vegetarian Item
- V Denotes Vegan Item
- GF Denotes Gluten-Free Item
- P Denotes Pork Item