

Earlham College Breakfast and Lunch Menu Week 3



		Sunday 14-Apr	Monday 15-Apr	Tuesday 16-Apr	Wednesday 17-Apr	Thursday 18-Apr	Friday 19-Apr	Saturday 20-Apr
		GF V Scrambled Eggs GF V Baked Tater Tots V French Toast Sticks with Syrup Sausage Links Turkey Sausage Patty Oatmeal V Hardboiled Eggs Belgian Waffle Bar with Fruit Topping Sausage Gravy & Buttermilk Biscuits	GF V Scrambled Eggs V Potatoes Brien V French Toast with Syrup Sausage Links Turkey Bacon Grits Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs GF V Baked Hash Brown Patty V Pancakes with Syrup Sausage Patties / Turkey Links Special Scramble V Honey Crème de Wheat Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs Diced Red Potatoes with Peppers & Onions V French Waffles Grilled Ham Steak Vegetarian Sausage Blueberry Oatmeal Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs V Tater Tots V Egg and Cheese English Muffin Sausage Patties Turkey Patty Oatmeal Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs V Home Fries V Multi-Grain Pancakes Sausage Links Turkey Links Grits Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	Scrambled Eggs Tri Taters Blueberry Pancakes with Syrup Smoked Sausage Turkey Patties Cream of Wheat Hardboiled Eggs Belgian Waffle Bar with Fruit Topping Sausage Gravy & Buttermilk Biscuits
			Honey Garlic Chicken Stir Fry Honey Garlic Chicken Jasmine Rice Carrots and Broccoli	Chicken Masala Chicken and Penne noodles tossed in Masala wine sauce	Steamed Garlic Mussels Mussels in Garlic Sauce Fettuccini, Spinach Sliced Green Onions Sliced Baguettes	Buffalo Chicken Salad Romaine, Fried Chicken in Buffalo Sauce Shredded Cheddar, Cucumbers, and Tomatoes V Red Onion, Bacon with Ranch Dressing	Beef and Broccoli Beef and Broccoli with Water chestnuts White Rice	
<i>Main Plate</i>			V Cheese Manicotti Cheese Manicotti with Meat Sauce GF V Zucchini, Squash, and Mushrooms Italian Green Beans Garlic Bread	Teriyaki Chicken Fried Rice GF V Spicy Black Beans GF V Sautéed Corn with Peppers & Onions	Southwest Chicken Grilled Corn V Refried Beans GF V Rice	Sloppy Joes GF V Green Beans GF V Roasted Squash Baked Beans	Pulled Pork GF V Pulled Chicken GF V Sliders Buns and BBQ Sauce V Macaroni and Cheese V Green Beans V Potato Salad	
			V Veggie Pizza V Cheese Pizza V Cavatappi, Fettuccine V Pesto Alfredo GF V Marinara	Spicy Hot Chorizo 7 Pepper Pizza V Cheese Pizza Sausage Pizza Baked Pasta Marinara Roasted Vegetables Veggie Pizza	V Garlic Cheese Pizza V Cheese Pizza Sausage Pizza V Pepperoni Pizza Farfalle, Linguini GF V Marinara GF V Roasted Vegetables Veggie Pizza	V Garlic Spinach Pizza V Cheese Pizza Sausage Pizza Baked Pastas	Flatbread Friday V Cheese Flatbread Sausage Flatbread V Supreme Flatbread	Sriracha Ranch Pizza Cheese Pizza Pepperoni Pizza Baked Pastas
		V Sweet Potato Black Bean Tempeh Bowl Quinoa V Sweet Potatoes and Black Beans Garlic Kale, Roasted Cauliflower, and Tempeh GF V	V Potato Torte with Black Bean Salsa V Portobello Tofu Stir-Fry GF V Noodles GF V Herbed Corn	GF V Chinese Red BBQ Tofu GF V Stir-fry Vegetables V Fried Rice GF V Miso Soup	V Corn Pie GF V Quinoa & Beans GF V Garlic Mashed Potatoes GF V Brussels Sprouts with glazed carrots	GF V Bean Stew GF V Gluten Free Pasta with Marinara GF V Fresh Seasonal Vegetable V Athena's Bruschetta	GF V Boca Stuffed Portobello GF V Succotash with Edamame GF V Cauliflower & Carrots GF V Sautéed Peas	Tofu Stir Fry Vegan Bean Stew Zucchini Risotto Herbed Cauliflower
		Hamburgers Grilled Chicken Tenders Onion Rings	V BBQ Chicken and Cheese Quesadilla V Veggie Burger V French Fries	V Philly Steak Quesadilla Chicken Patty Sandwich V Steak Fries	Turkey Burger Pub Style Fish with Tarter Sauce GF V Fresh Cut Fries	Rueben's Steak Fries Dill Pickle Spears	Teriyaki Grilled Chicken Thighs V Grilled Cheese on Wheat Bread V Tater Tots	Mac n cheese Grilled Cheese Hamburgers Crinkle Cut Fries
			V Taco Pasta Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	V Orzo with Spinach and Feta Cheese V Roasted Vegetables with Cous Cous & Quinoa Salad	V Tofu Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	V White Bean Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	V Mediterranean Bean Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	
		Southwest Chicken	GF V Gluten Free Vegan Spicy Black Bean Southwest Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	GF V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	GF V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	Chef's Choice

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- V Denotes Vegetarian Item
- V Denotes Vegan Item
- GF Denotes Gluten-Free Item
- P Denotes Pork Item