

# Earlham College Breakfast and Lunch Menu Week 3



		Sunday 3-Mar	Monday 4-Mar	Tuesday 5-Mar	Wednesday 6-Mar	Thursday 7-Mar	Friday 8-Mar	Saturday 9-Mar
		GF V Scrambled Eggs GF V Baked Tater Tots V French Toast Sticks with Syrup Sausage Links Turkey Sausage Patty Oatmeal V Hardboiled Eggs Belgian Waffle Bar with Fruit Topping Sausage Gravy & Buttermilk Biscuits	GF V Scrambled Eggs V Potatoes Brien V Pancakes with Syrup Sausage Links Turkey Bacon Grits Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs GF V Baked Hash Brown Patty V Pancakes with Syrup Sausage Patties / Turkey Links Special Scramble Honey Crème de Wheat V Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs V Cheesy Loaded Hash browns V French Waffles Grilled Ham Steak Vegetarian Sausage Blueberry Oatmeal V Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs V Tater Tots V Egg and Cheese English Muffin Sausage Patties Turkey Patty Oatmeal V Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	GF V Scrambled Eggs V Home Fries V Multi-Grain Pancakes Sausage Links Turkey Links Grits V Cage Free Eggs Made to Order, Omelet Station, Hard Boiled Eggs V Belgian Waffle Bar with Fruit Topping	
			V <b>Honey Garlic Chicken Stir Fry</b> Honey Garlic Chicken Jasmine Rice Carrots and Broccoli	<b>Beef Madeira Pasta</b> Penne noodles tossed in Madeira wine sauce Beef and Mushrooms	<b>Steamed Garlic Mussels</b> Mussels in Garlic Sauce Fettucini, Spinach Sliced Green Onions Sliced Baguettes	<b>Buffalo Chicken Salad</b> Romaine, Fried Chicken in Buffalo Sauce Shredded Cheddar, Cucumbers, and Tomatoes V Red Onion, Bacon with Ranch Dressing	<b>Beef and Broccoli</b> Beef and Broccoli White Rice	
<i>Main Plate</i>			V Cheese Manicotti GF V Cheese Manicotti with Meat Sauce GF V Zucchini, Squash, and Mushrooms Italian Green Beans Garlic Bread	Teriyaki Chicken Fried Rice GF V Spicy Black Beans GF V Sautéed Corn with Peppers & Onions	S South West Chicken V Mexican Street Corn GF V Refried Beans V Rice	Sloppy Joes GF V Green Beans GF V Roasted Squash Baked Beans	Pulled Pork GF V Pulled Chicken GF V Sliders Buns and BBQ Sauce Macaroni and Cheese Green Beans Potato Salad	
			V Veggie Pizza V Cheese Pizza V Cavatappi, Fettuccine V Pesto Alfredo GF V Marinara	Spicy Hot Chorizo 7 Pepper Pizza V Cheese Pizza Sausage Pizza Baked Pasta	V Apple Crisp Pizza V Cheese Pizza Sausage Pizza Farfalle, Linguini GF V Marinara GF V Roasted Vegetables V Veggie Pizza	V Garlic Spinach Pizza V Cheese Pizza Sausage Pizza Baked Pastas	Flatbread Friday V Cheese Flatbread Sausage Flatbread Supreme Flatbread	
		V Sweet Potato Black Bean Tempeh Bowl Quinoa V Sweet Potatoes and Black Beans GF V Garlic Kale, Roasted Cauliflower, and Tempeh	V Potato Torte with Black Bean Salsa V Portobello Tofu Stir-Fry GF V Noodles GF V Herbed Corn	GF V Chinese Red BBQ Tofu GF V Stir-fry Vegetables V Fried Rice GF V Miso Soup	V Corn Pie GF V Quinoa & Beans GF V Garlic Mashed Potatoes GF V Brussels Sprouts with glazed carrots	GF V Bean Stew GF V Gluten Free Pasta with Marinara GF V Fresh Seasonal Vegetable V Athena's Bruschetta	GF V Boca Stuffed Portobello GF V Succotash with Edamame GF V Cauliflower & Carrots GF Sautéed Peas	
		Hamburgers Grilled Chicken Tenders Onion Rings	V BBQ Chicken and Cheese Quesadilla V Veggie Burger V French Fries	Philly Steak Quesadilla Chicken Patty Sandwich V Steak Fries	Turkey Burger Pub Style Fish with Tarter Sauce GF V Fresh Cut Fries	Rueben's Fresh Homemade Chips Dill Pickle Spears	Teriyaki Grilled Chicken Thighs V Grilled Cheese on Wheat Bread V Tater Tots	
			V Taco Pasta Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	V Orzo with Spinach and Feta Cheese V Roasted Vegetables with Cous Cous & Quinoa Salad	V Tofu Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	V White Bean Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	V Mediterranean Bean Salad V Roasted Vegetables with Cous Cous & Quinoa Salad	
		Southwest Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwestern Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	V Gluten Free Vegan Spicy Black Bean GF V Southwest Chicken	

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- V Denotes Vegetarian Item
- V Denotes Vegan Item
- GF Denotes Gluten-Free Item
- P Denotes Pork Item