

# Earlham College Breakfast and Lunch Menu Week 1



	Sunday 25-Nov	Monday 26-Nov	Tuesday 27-Nov	Wednesday 28-Nov	Thursday 29-Nov	Friday 30-Nov	Saturday 1-Dec
		GF V Scrambled Eggs V Tater Tots V Cinnamon French Toast P Grilled Ham V Turkey Bacon V Oatmeal GF V Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Cage Free Eggs Made to Order, Omelet Station	GF V Scrambled Eggs GF V Baked Hash Brown Patty V Egg and Cheese English Muffin P Pork Sausage Patty V Turkey Links V Cream of Wheat GF V Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Cage Free Eggs Made to Order, Omelet Station	GF V Scrambled Eggs V Home Fries P Crispy Bacon V Turkey Links V Oatmeal GF V Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Cage Free Eggs Made to Order, Omelet Station Biscuits & Sausage Gravy	GF V Scrambled Eggs Shredded Hash Browns P Pork Sausage Links V Turkey Bacon V Cheesy Grits GF V Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Cage Free Eggs Made to Order, Omelet Station V Egg & Cheese on Biscuit	GF V Scrambled Eggs Tater Tots V Blueberry Pancakes P Pork Sausage Patty V Turkey Bacon V Apple Cinnamon Oats GF V Hard Boiled Eggs Belgian Waffle Bar with Fruit Topping Cage Free Eggs Made to Order, Omelet Station	GF V Scrambled Eggs Hashbrown Crusted Quiche Turkey Bacon P Pork Sausage Patty V Cubed Breakfast Potatoes P Hard Boiled Eggs Fresh Fruit Tray Breakfast Muffins
		<b>Baked Potato Bar</b> Chili, Vegan Chili Pico De Gallo, Salsa, Broccoli, Onions, sliced Mushrooms Sour Cream, Shredded Cheese, Queso, Smart Balance Butter	<b>Fried Rice Bar</b> Chicken or Tofu Broccoli, Celery, Carrots, Peas, diced Tomatoes Fried Rice with Egg (Egg free option available)	<b>Blackened White Fish Tacos</b> Mango/Cilantro Salsa Spicy Black Beans Cilantro Rice	<b>Curry Chicken</b> Braised Skinless Chicken Thighs Rich Curry Broth with Potatoes V Celery, Carrots, Onions, Jasmine Rice	<b>Chicken Wing Bar</b> Chicken Wings served with Hot, BBQ, Teriyaki Sauce served with Carrot & Celery Sticks & sides of Ranch or Bleu Cheese	<b>Blackened Whitefish Tacos</b> Blacked Tofu option Black Beans and Rice topped with Mango Salsa and Cilantro Ranch
		GF V BBQ Chicken GF V Baked Beans GF V Broccoli GF V Corn on the Cob	V Beer Battered Cod V Coleslaw V English Chips GF V Roasted Vegetables	GF V Pepper Steak GF V Roasted Curry Cauliflower GF V Roasted Garlic Potatoes GF V Fresh Vegetables	GF V Jerk Chicken GF V Roasted Jamaican Potatoes GF V Roasted Vegetables Corn Bread	Lasagna GF V Fresh Broccoli GF V Carrots Garlic Toast	Beef & Chicken Philly V Summer Squash GF V Fries
		V Chicken Alfredo Pizza V Cheese Pizza P Pepperoni Pizza V Cavatappi, Fettuccine V Pesto Alfredo GF V Marinara	V Philly Cheesesteak Pizza V Cheese Pizza P Sausage Pizza P Baked Pastas	V Cherry Crisp Dessert Pizza V Cheese Pizza P Pepperoni Pizza Farfalle, Linguini GF V Marinara GF V Roasted Vegetables	V Vegetable Pizza V Cheese Pizza P Sausage Pizza P Baked Pastas	P Meat Lover's Calzone V Cheese Pizza P Pepperoni Pizza V Pasta Noodles GF V Marinara Sauce V Alfredo Sauce	V Cheese Pizza P Pepperoni Pizza Farfalle, GF V Marinara V Pesto Alfredo Bread Sticks
		GF V Chipotle Crusted Tofu V Black Beans & Rice GF V Sautéed Carrots V Roasted Garlic Couscous	V Curry Portabella Mushroom Stir Fry GF V Spaghetti Squash GF V Marinara Sauce GF V Sweet Peas	GF V Eggplant Rollatini V Vegan Seitan Beef Style GF V Fresh California Blend GF V Roasted Squash with Tomatoes and Rice	V Stuffed Portabella GF V Lentil Vegetable Stew GF V Herb Roasted Corn and Potatoes GF V Steamed Peas	GF V Vegan Bean Stew V Vegetarian Lasagna GF V Steamed Broccoli GF V Fresh Vegetable	V Vegetable Vindaloo V Veggie Samosas GF V Sweet Chili Glazed Carrots V Grilled Naan
		V Hamburger V Black Bean Burger V Seasoned Fries	Grilled Italian Chicken Sandwich Sloppy Joe Sandwich V Ranch Seasoned Fries	Beef Hotdogs with Chili & Cheese Grilled Chicken Tenders V Seasoned Fries	V Ghost Pepper Cheese Quesadilla Turkey Burger V Seasoned Fries	Hamburgers V Three Cheese Grilled Cheese V Seasoned Fries	Hamburgers V Vegan Burgers Chicken Nuggets V French Fries
		V Roasted Veggie Caesar Pasta Salad V Greek Roasted Garbanzo Bean Salad	V Mayonnaise-Free Potato Salad V Greek Roasted Garbanzo Bean Salad	V Italian Pasta Salad V Greek Roasted Garbanzo Bean Salad	BLT Pasta Salad V Green Bean & Cherry Tomato Salad with Herbs	V Tortellini Salad	
		GF V Cream of Pea Soup GF V Vegetable Soup	GF V Potato Broccoli Soup GF V Vegetable Soup	V Cheesy Asparagus GF V Vegetable Soup	V Cauliflower Cheese Soup GF V Vegetable Soup	V Cream of Tomato GF V Vegetable Soup	

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item
- Denotes Pork Item